LUNCH MENU

*A bird sitting on a branch with flowers

Description automatically generated*A screenshot of a menu

Description automatically generated with medium confidence12PM – 4PM

*Please make us aware of any allergies or intolerances when ordering. A full list of allergens is available on request.*

*V – Vegetarian; VE – Vegan; GF – Gluten Free*

*The \* denotes that a dish may need to be altered to suit a particular dietary requirement upon request.*

**Lunch**

**Soup of the Day (VE, GF\*) £6.50**

*Freshly prepared soup with toasted sourdough & butter*

**Cumbrian Venison Burger**  **£14.00**

*Cartmel Valley venison burger on a pretzel bun, Brockhole tomato chutney, slaw,*

*smoked streaky bacon, blue cheese, skinny fries*

***Swap your skinny fries for rosemary, parmesan & truffle fries £1.00***

**Pulled Pork Bun** **(GF\*) £14.00**

*Homemade pulled pork on a pretzel bun, slaw, caramelised apple butter, skinny fries*

***Add blue cheese £1.00***

***Swap your skinny fries for rosemary, parmesan & truffle fries £1.00***

**Mac & Cheese (V) £9.00**

*Macaroni in a rich cheesy sauce, parmesan & herb crumb*

***Add Pulled Pork £3.00***

***Add Smoked Streaky Bacon £3.00***

**Moroccan Spiced Chicken Sarnie (GF\*)** **£11.00**

*Moroccan spiced chicken thighs, rustic ciabatta bun, slaw, harissa & mint yoghurt, skinny fries*

***Swap your skinny fries for rosemary, parmesan & truffle fries £1.00***

**Asian-Style Noodle Bowl**

*Rice noodles & stir fry vegetables, Thai broth, chilli, coriander, toasted sesame seeds*

*With Thai Fishcakes* **£13.00**

***Or***

*With Crispy**Tofu* **(GF,VE) £12.00**

**Falafel Salad (VE)**  **£12.00**

*Falafel, wild rocket, pomegranate seeds, cherry tomatoes, olives, red onions, salted cucumber,*

*mint & vegan yoghurt dressing*

**Artisan Pizza**

**12pm – 4:00pm (takeaways available)**

**Margherita (V/VE\*) £11.50**

*San Marzano tomato sauce, mozzarella, buffalo mozzarella, cherry tomatoes, fresh basil, oregano*

**Wild Mushroom (V/VE\*) £13.50**

*Wild Mushrooms, San Marzano tomato sauce, mozzarella, truffle oil, wild rocket, parmesan shavings*

**Cumbrian Lamb £14.50**

*Lamb Kofta, San Marzano sauce, mozzarella, harissa, red onion, salted cucumber, mint & coriander dressing*

**Pepperoni £13.50**

*Pepperoni, San Marzano tomato sauce, mozzarella, chilli-infused honey, wild rocket, oregano*

**Sides**

**Skinny fries £3.50**

**Rosemary, parmesan & truffle fries £4.50**

**Cup of home-made soup**  **£3.50**

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**Hot Drinks**

Espresso (Double)  **£3.00**

Americano **£3.00**

Flat White **£3.30**

Latte  **£3.30**

Cappuccino **£3.30**

Mocha **£3.50**

*Decaffeinated coffee available for all drinks*

Hot Chocolate **£3.50**

Gourmet\* Hot Chocolate  **£4.50**

Babyccino **£2.00**

Children’s Hot Chocolate **£2.50**

Children’s Gourmet\* Hot Chocolate **£3.50**

*(***\****With Cream & marshmallows)*

**Extras**

Shot of coffee **£1.35**

Flavoured syrup **£0.50**

*(Vanilla, Caramel, Hazelnut, Gingerbread)*

Oat/Soya milk **£0.50**

Flake  **£0.70**

Cream & marshmallows **£1.00**

**Twining’s Tea**

English Breakfast **£2.60**

Decaffeinated **£2.60**

Earl Grey **£2.80**

Red Bush **£2.80**

Peppermint **£2.80**

Green Tea **£2.80**

**SOFT DRINKS**

Coca Cola **£2.95**

Diet Coke **£2.75**

Fresh Apple/Orange **£2.75**

Cawston Press

Rhubarb & Apple **£2.95**

Ginger Beer **£2.95**

Elderflower & Lemon **£2.95**

San Pellegrino

Limonata **£2.95**

Aranciata **£2.95**

Harrogate Mineral Water

Still (750ml/330ml) **£3.90/£2.50**

Sparkling (750ml/330ml) **£3.90/£2.50**

**Children’s Drinks**

Juice Cartons

Orange **£1.80**

Apple  **£1.80**

Ribena **£1.80**

Glass of milk **£2.00**

**Local Craft Beer/Lager**

*Served from 11am*

Bowness Bay Brewery (All 500ml bottles)

Lakes Lager (5%)  **£6.50**

Swan Blonde (4%)  **£6.50**

Swan Gold (4.2%)  **£6.50**

Swan Free Craft Lager (0.5%)  **£6.50**

Hawkshead Brewery (All draft)

**Half Pint Pint**

Helles Lager *(4.3%)*  **£3.50 £6.00**

Brockhole Pale Ale *(4%)* **£3.50 £6.00**

Celtic Marshes Summer

Berry Cider *(4.0%)*  **£3.50 £6.00**

**WinE**

*Served from 11am*

Prosecco (200ml) **£8.75**

House White (187ml) **£7.75**

House Red (187ml)  **£7.75**

House Rosé (187ml)  **£7.75**

***For our full selection of wines and spirits ask for our Bar and Wine menu***

**Cakes & Sweet Treats**

*We always have a range of cakes/traybakes on offer, as well as freshly baked scones & tubs of English Lakes ice-cream.*

*For those of you with a sweet tooth, please look at our cake display cabinet, or ask your server for the choice on offer today!*